

Cascina Montessino, 20
15038 Ottiglio (AL)
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T: +39 340 741 1729
P.IVA: 02542240060

Country House
Montessino
Art • Wellness • Relaxation



General conditions for Yoga-Retreats of f.e. 4 nights

Our services:

- ✓ Welcome Drink
- ✓ Overnight stay in our new double rooms (twin) with en-suite bathroom with shower (1/2 Double room per person)
- ✓ Kettle with a selection of teas in every room
- ✓ Early morning cookies, water, tea, coffee, fruits
- ✓ 3 x daily changing, balanced, vegetarian brunches
- ✓ 1 x rich breakfast buffet on the day of departure
- ✓ 3 x veggie dinner in house, incl. mineral water (various starters, salads, main course and dessert)
- ✓ If requested, accompaniment to the external dinner(s) in the surrounding area – Carpooling with own car, 5-8 km
- ✓ Free water, tea, coffee and fruits during the stay
- ✓ Free use of saltwater pool, jacuzzi, yoga room, gym, Zen-Island
- ✓ Free Wi-Fi
- ✓ Free parking space
- ✓ Personal assistance during your stay
- ✓ Free board and lodging for the yoga teacher (1 person) in the main house or in the holiday home as **from 10 paying participants onwards**. Due to the limited number of rooms, a single room for the yoga teacher is not always possible.
- ✓ Room cleaning every 2nd day
- ✓ Whole infrastructure of Country House Montessino is in exclusivity of the retreat group

At extra charge:

- 1 x dinner at external restaurants in the area. Car-pooling with own cars.
- Wine, Aperitifs, Softdrinks
- Massages in our massage studio, executed by a professional. On reservation only.
- Use of Sauna, min. 3 people €15/person for 2 hrs, incl. sauna towel
- Pool towel €4, Bathrobe €4
- Pick up from airports Milano Malpensa, Milano Linate, Torino Caselle or train station Vercelli, Alessandria or Asti.
- Wine and olive oil tasting
- E-MTB Rentals, with or without guide (very popular)

Group size:

Minimum participants : 8, resp. 10 PAX

Check-in/out:

Check-in after 2 pm

Check-out latest 11 am. Please leave the rooms latest 10 am.



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Payment terms

In order to confirm your reservation, down payment of 30% calculated on 8 participants, is due. The balance is due 7 days before arrival via bank wire or cash on arrival.

Cancellation Terms

If the minimum number of participants (8 or 10) is not reached 74 days before the start of the retreat, the retreat will be cancelled and the rooms released. The deposit will be refunded in full. No refund if participants interrupt their stay prematurely.

Minimum number of participants

8 participants, on public holidays 10 participants. Please note that **free board and lodging for one yoga instructor is applying as from 10 paying participants**. If 10 participants are not reached normal registration fee applies also to the teacher.

General information

- 18 yoga mats, 12 yoga blocks, 16 belts, 12 blankets are available in the yoga shala and free of charge.
- Your yoga retreat will also be published on our homepage and in our newsletter. If you do not agree, please let us know.
- Please note, that we do not run a restaurant. In exclusivity of the retreat, we hire a cook for the dinners who cooks fix, vegetarian menus. Therefore, we can only take into account life-threatening allergies, which must be reported **in advance**. If vegan diet is requested, we have to charge €5/day/person due to the additional effort. Thank you for your comprehension.
- If you wish, we can actively support your yoga retreat with marketing activities on our website, socials, newsletter, etc.

Should you have any questions or require further information, please do not hesitate to contact us.

Claudia & Alessandro Cardamone-Brombin

COUNTRY HOUSE MONTESSINO
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www.countryhousemontessino.com

Ottiglio, March 2025

